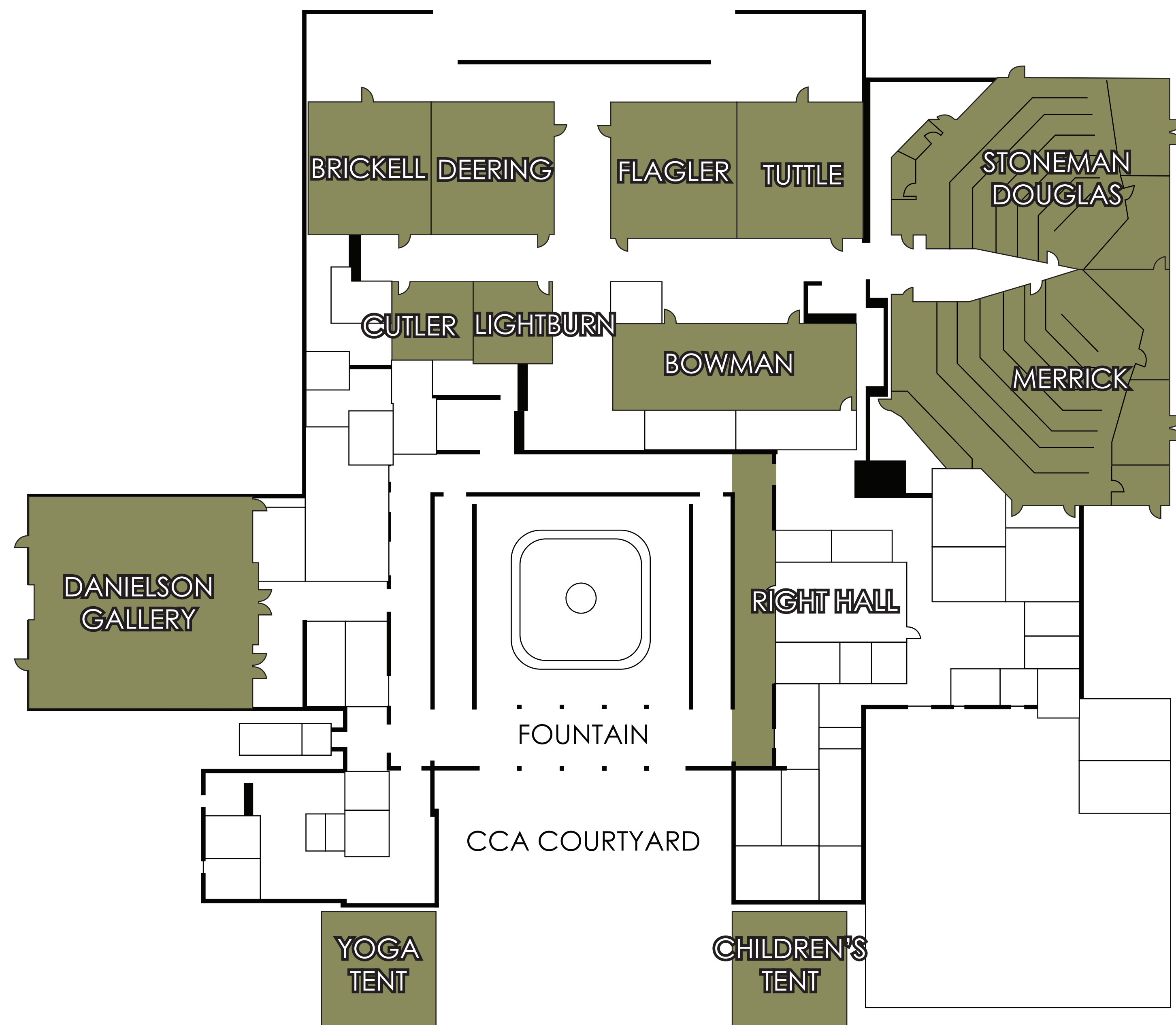
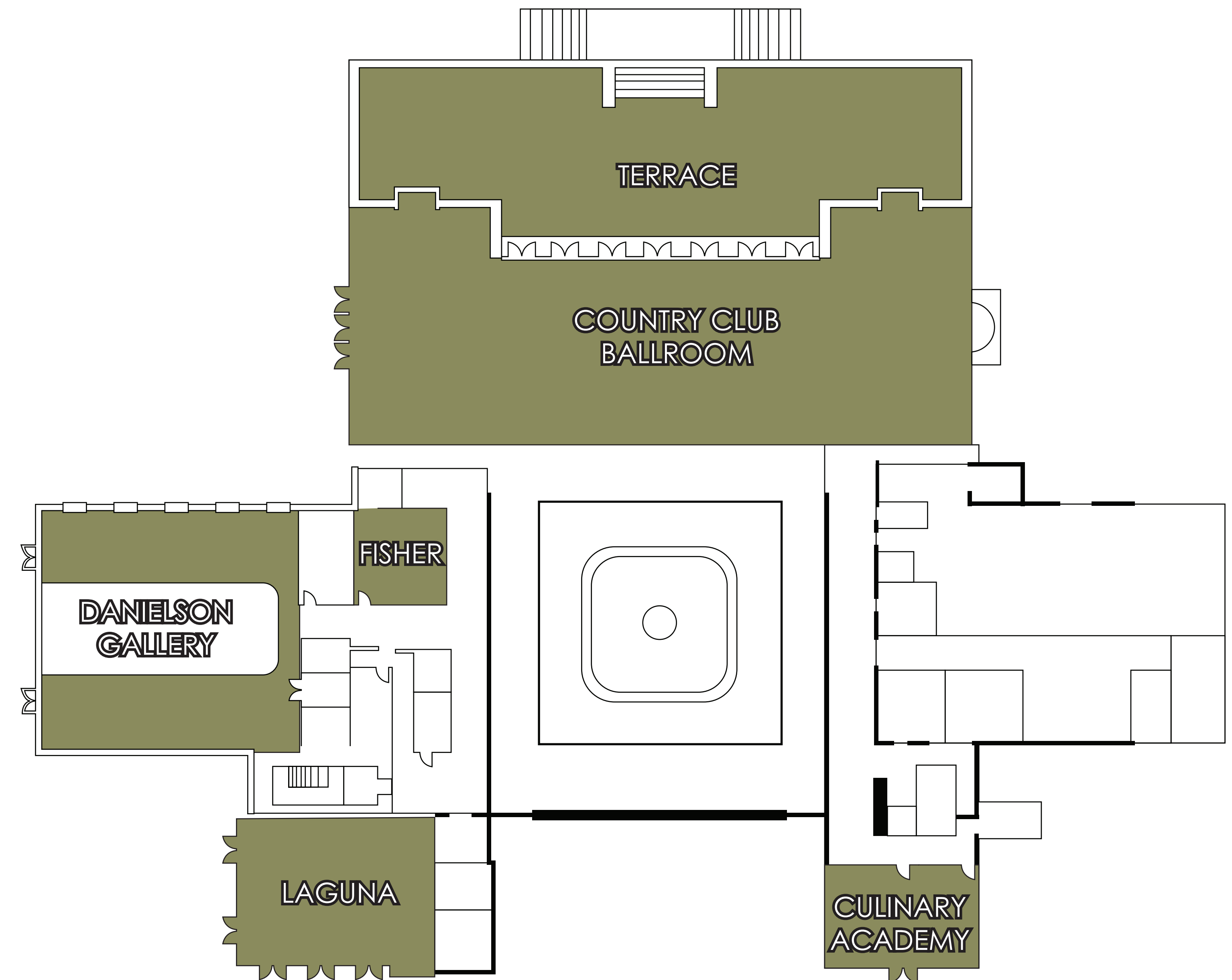


1ST FLOOR



2ND FLOOR



EVENT SCHEDULE

Yoga Tent - Country Club Plaza

10:00 - 11:00 Julie Rowland-Brown, Pilates
11:00 - 12:00 Natalie Morales, Funyasa
12:00 - 1:00 Fred Busch, Vinyasa Yoga
1:00 - 2:00 Pam Dickson, Kundalini Yoga
2:00 - 3:00 Mia Glick, Pregnancy Yoga
3:00 - 4:00 Luana Hervier, Yogilates
4:00 - 5:00 Daniela Sforza, Gentle Yoga

Children's Tent- Country Club Plaza

10:00 - 11:00 Rhythm Kids
11:00 - 12:00 Creative Movement
12:00 - 1:00 African Drum and Dance
1:00 - 2:00 Kid's Fitness
2:00 - 3:00 Yoga Music
3:00 - 4:00 Creative Movement
4:00 - 5:00 Rhythmic Art & Storytelling

Festival Sampler- Courtyard Fountain- All Day

Children's Community Mural- Right Hall-All Day

Organic Food & Wine Tasting- Country Club Ballroom-11:00 - 3:00

I AM Photography by Eileen Escarda- Country Club Ballroom-11:00 - 3:00

Asian Medicine Exhibit - Danielson Gallery

11:00 - 11:30 Janice Heller, Pregnancy Acupuncture
11:45 - 12:15 Elizabeth Carr, Colorpuncture
12:30 - 1:00 Bhaswati Bhattacharya, Ayurvedic Medicine
1:15 - 1:45 Steven Chasens, Auricular Acupuncture
2:00 - 2:30 Chong He, Acupuncture & Parkinson's Disease
2:45 - 3:15 Maya Sarkisyan, Five Elements Acupuncture
3:30 - 4:00 Tiejun Li, Chinese Medicine & Women's Health

Econoetic Art Installation- Right Foyer- All Day

Spa Demos- Left Foyer- All Day

Total Performance Golf- Lightburn Room-All Day

Meditation - Cutler Room

10:00 - 10:30 Ram Giri, Meet and Greet
10:30 -11:00 Deborah Mills, Soul Focused Meditation
11:00 -11:30 Lenore Anolick, A Oneness Blessing
1130 -12:00 Ram Giri, Heart Sourcing Meditation
12:00-12:30 Sadhu, Insight in Meditation
12:30 -1:00 Ram Giri, Meditation for Emotional Harmony
1:00 -1:30 Deborah Mills, Soul Focused Meditation
1:30 -2:00 Sandra Breiterman, Compassion and Loving Kindness
2:00 -2:30 Jeff Crespo, Yoga Meditation
2:30 -3:00 Ram Giri, The Work of Byron Katie
3:00 -3:30 Lenore Anolick, A Oneness Blessing
3:30 -4:00 Sandra Breiterman, Compassion and Loving Kindness
4:00 -4:30 Ram Giri, Closing Gathering

Healing Culture -Brickell Room

10:00 - 12:00 Calligraphy : Steven Aung
12:30 - 2:00 Tai Chi : Taoist Tai Chi Society
2:00 - 3:30 Taoist Breathing: Frank Iborra
3:30 - 4:30 Qi Gong & Taoist Meditation: Richard Browne

Energy Healing- Deering Room-All Day

Sound Healing- Flagler Room-All Day

Children's FilmMaking Studio- Tuttle Room- All Day

Community Wellness- Bowman Room-All Day

Deep Dialogues - Stoneman Douglas

10:30 - 11:30 Harriet Beinfeld & Devra Davis : Our Environment, Our Health
11:30 -12:30 Alicia Villamarin & Caren S. Neil: Sound, Storytelling & Healing
12:30 -1:30 Janet Konefal & Steven Aung: Compassion, Intention Healing
1:30 - 2:30 Bhaswati Bhattacharya & Susan Luck: What Makes Good Medicine
2:30 - 3:30 Daniel Atchison-Nevel & Efrek Korngold :

The Worldview of Chinese Medicine

3:30 - 4:30 Victoria Pesce Elliott & Edward Espe Brown: Nirvana Starts in the Kitchen

Lifestyle Lectures - Merrick Ampitheater

11:00 Cosmetic Acupuncture:

A Natural Approach To Youthful Appearance

11:20 A Vitamin A Day Keeps The Wrinkles Away
11:40 Preventive Care: The New Way To Spa
12:00 Golf, The Body/Swing Connection
12:30 Golf, Junior Development
1:00 Fitness, Muscle Mechanics Workshop & Training
1:20 Fitness, Functional Fitness Strengthening
1:40 Fitness, Yogilates: Diaphragmatic Breathing vs. Lateral Breathing
2:00 Food & Wine, What Does Organic Really Mean
2:20 Food & Wine, Today's Biodynamic & Organic Wines
2:40 Special Documentary Screening: "Lunch: The Film"

It's Lunchtime, Do You Know What Your Kids Are Eating

University of Miami Integrative Medicine- Danielson Gallery-All Day

Story Telling Project- Fisher Room-All Day

Biltmore Culinary Academy- Culinary Academy-All Day

Herbal Lounge - Laguna Room

10:30 - 11:00 Xianhui Li, Chinese Herbal Medicine
11:15 -11:45 Bhaswati Bhattacharya, Ayuverdic Herbs
12:00 -12:30 Razia Ali Hamm, Five Elements
12:45 -1:15 Efrek Korngold, Herbs for Children
1:30 - 2:00 Fred Busch, Yoga Diet
2:15 - 2:45 Guided Herb Tasting
3:00 - 3:30 Walter Campbell, Herbal Skin & Hair Care
3:45 - 4:15 Orion Atchison-Nevel, Herbal Tinctures

WORLD'S LARGEST SHARED ACUPUNCTURE EXPERIENCE

5pm Country Club Ballroom